

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



Sault College

**COURSE OUTLINE**

**COURSE TITLE:** INTRODUCTION TO ADDICTIONS

**CODE NO. :** HDG 110 - 3                      **SEMESTER:** THREE

**PROGRAM:** NATIVE COMMUNITY WORKER PROGRAM

**AUTHOR:** Lisa Piotrowski

**DATE:** SEPT/2001      **PREVIOUS OUTLINE DATED:** JAN/00

**APPROVED:**

	_____	_____
	<b>DEAN</b>	<b>DATE</b>

**TOTAL CREDITS:** THREE

**PREREQUISITE(S):** N/A

**LENGTH OF COURSE:** 16 WEEKS              **TOTAL CREDIT HOURS:** 45

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*For additional information, please contact Judi Maundrell, Dean*  
*School of Health and Human Services*  
*(705) 759-2554, Ext. 603/689*

**I. COURSE DESCRIPTION:**

An addiction interferes with the healthy lifestyle of an individual, their family and their community. Students will gain an understanding of the impact of addictions on the physical, social, mental, spiritual and emotional aspects related to the consequences of addictive behaviours with theoretical and practical applications.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Categorize and differentiate between the effects of various drugs.

Potential Elements of the Performance:

- Differentiate between five major drug classifications.
- Explain effects experienced under each drug classification.
- Identify specific drugs under each classification.

2. Elaborate upon the relationship between the development of dependencies and the impact of addictions on an individual.

Potential Elements of the Performance:

- Describe drug dependency signs and symptoms.
- Apply proper terminology in the chemical dependencies field.
- Identify predisposing drug addictive behaviors, life areas impacted by addictions and characteristics of addiction.

3. Compare and contrast various theories of addictions currently accepted in the field.

Potential Elements of the Performance:

- Identify strengths and limitations of accepted Theories of Addiction.
- Apply Theories of Addiction to the individual, family and community chemical dependency concerns

4. Identify the impact of addictions on the addictive person's lifestyle, on the family dynamics and on community life

Potential Elements of the Performance:

- Identify the dynamics and the dysfunctional roles assumed by family members.
- Apply the Reinforcement Theory to issues of codependency and drug dependence.
- Relate the impact of the addiction on the person's work and social environments.
- Discuss the impact of addictions on society in general.
- Apply Family Systems Theory to issues of substance abuse and dependence.

5. Research and educate on issues relevant to addictions (optional focus on non-chemical addictions/dependencies)

Potential Elements of Performance:

- Independently locate a variety of areas related to addiction
- Organize, create and present teaching circle on addiction related topic
- Effective utilization of teaching circles and peer learning

**III. TOPICS:**

1. Major Drugs Categories
2. Development of Physical and Psychological Dependency
3. Impact of Addiction on Dependent Person
4. Theories of Addiction
5. Impact of Addictions on Families and the External Environment

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

No text required.

Topics will be covered through group discussion, lecture, role play, handouts, video material and teaching circles.

**V. EVALUATION PROCESS/GRADING SYSTEM:**

<u>ASSIGNMENT/EXAM</u>	<u>WORTH</u>	<u>DUE</u>
Midterm Exam	25%	Week of Oct. 15
Applications	30%	
Book Review # 1		Week of Oct. 8
Book Review # 2		Week of Nov. 26
Report	10%	Week of Nov. 19
Presentation	10%	Month of December
Final Exam	<u>25%</u>	Week of Dec. 10
<b>TOTAL</b>	<b>100%</b>	

There will be a **MID-TERM** and a **FINAL EXAM**. The first exam will cover the first three topics and the second exam will be based on the last three topics. Exams cannot be re-written to receive a higher grade. Students who miss the exam without making prior arrangements with the instructor will be given a zero on the exam.

The two **BOOK REVIEWS** require the student to select two books, biographical or autobiographical, for supplemental reading. The first book should focus on one of the issues dealt with in the first half of the course. The second book should meet the same requirements but focus on an issue examined in the second half of the course. The instructor must approve of each book unless it is from the BOOK LIST provided.

Students are expected to read these books on their own. Upon the completion of the books, the students will write a report that includes:

- Brief summary of the book outlining the relevance of book to subject of addictions (5 marks)
- Summary of students personal reaction to the book, with specific references to the book (5 marks)
- Summary of how information from class applied to material covered in book (5 marks)
- Three to five pages typewritten

TOTAL = 15 marks per applications report.

The **PRESENTATION** requires that the students present an oral report based on an issue related to addictions. The presentation will be 10 minutes in length. The instructor will provide further details in class.

The **REPORT** will apply information from class to a film on addictions. It will be 3-5 pages in length. Instructor to provide further details.

***The following semester grades will be assigned to students in post-secondary courses:***

## VI. SPECIAL NOTES:

### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

### Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

### Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

### Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**ALL** assignments are to be handed in on the due date and must be typewritten. Any late assignments will be deducted 1% per day up until five days. After that time, the instructor will no longer accept the assignment.

#### **VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

#### **VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.